



Ministero della Salute

Directorate General for Health Prevention

ZIKA VIRUS DISEASE Travel advice for travellers

Zika virus disease is a mosquito-borne disease, transmitted to humans by *Aedes* mosquitoes, especially by the *Aedes aegypti* species. At the moment, outbreaks or transmission of the virus are ongoing in several Countries of Central and South America and the Carribeans

Updated list of affected Countries available at:

http://ecdc.europa.eu/en/healthtopics/zika_virus_infection/zika-outbreak/Pages/Zika-information-travellers.aspx

Pregnant women and women who are planning to become pregnant should postpone non-essential travel to affected areas until after delivery; patients with immune disorders or severe chronic conditions, should consult their doctor before leaving

AT YOUR ARRIVAL IN THESE AREAS

Please refer recommendations of the local authorities and:

- **avoid mosquito's bites by adopting individual protective measures especially during mid-morning and late afternoon to dusk;**
- **In case of pregnancy, be particularly vigilant and reinforce individual protective measures**

***For any need please contact
your Embassy or your Consulate***

WHEN YOU COME BACK TO ITALY

If you develop Zika virus symptoms within 21 days after your return, such as: mild fever, muscle and joint pain, rash or conjunctivitis

on a precaution basis

***seek the advice of your physician informing
him/her about your recent travel***

Pregnant woman and women who are trying to become pregnant travelling in country with confirmed local Zika virus transmission, should inform their doctor during antenatals in order to ensure appropriate evaluation and monitoring

Epidemiological update and FAQ available at:

[http://www.salute.gov.it/portale/salute/p1_5.jsp?lingua=italiano&id=237&area=Malattie trasmesse da vettori](http://www.salute.gov.it/portale/salute/p1_5.jsp?lingua=italiano&id=237&area=Malattie_trasmesse_da_vettori)

Ministry of Health : www.salute.gov.it